



KENTUCKY INTERNATIONAL CONVENTION CENTER

FOR IMMEDIATE RELEASE

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SENIOR DAY OUT RETURNS TO THE KENTUCKY INTERNATIONAL CONVENTION CENTER

LOUISVILLE, KY (September 25, 2014) –The 14th Annual Senior Day Out returns to the Kentucky International Convention Center Tuesday, October 7, 8:00 a.m. – 1:30 p.m. This free event draws more than 2,500 seniors and individuals with disabilities from around the region.

Health screenings for glucose, dementia, Parkinson's, Multiple Sclerosis and hearing, as well as flu shots, will be offered. More than 100 vendors will exhibit at the event. Attendees can learn about senior living options, health and wellness, safety, personal finances, hobbies, retirement and more. Entertainment for the event includes music, prizes and bingo.

Alongside the information for seniors, there will be a new Caregiver Resource Expo from 11:30 a.m. – 1:30 p.m. offering information about programs, services and community resources to those who care for seniors and the disabled.

Senior Day Out is produced by Louisville Metro TRIAD, a partnership between local law enforcement, representatives of senior groups, service providers and community volunteers.

For more information, visit

<http://www.louisvilleky.gov/CSR/Community+Services/OfficeforAging-DisabledCitizens.htm>.

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About the Kentucky International Convention Center

Located in the heart of downtown, the Kentucky International Convention Center draws nearly one million people through its halls. Celebrating more than 35 years of successful events, the 300,000 square foot facility accommodates a wide variety of events. In addition, the convention center is just steps away from the entertainment and arena districts and connected to 2,300 hotel rooms via skywalk. For more information, visit www.kyconvention.org.

For up-to-the-minute information like the Kentucky International Convention Center on Facebook <https://www.facebook.com/KentuckyInternationalConventionCenter> and follow us on Twitter <https://twitter.com/KYICC>.

About Parking

The Kentucky International Convention Center offers two public parking garages for visitors. The KICC

(Cowger) Garage is located at Fourth and Market Streets. The KICC (Commonwealth) Garage is located on Jefferson Street between Third and Fourth Streets (next to the Hyatt Regency Hotel).